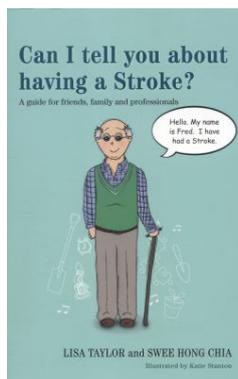


A Selection of Books on Stroke in Doncaster Libraries

For further information contact your nearest library

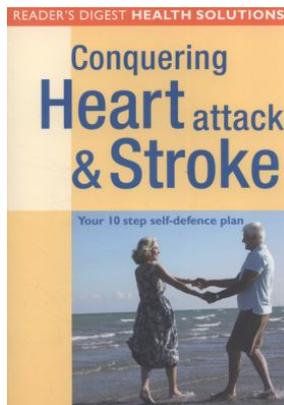


Can I tell you about having a stroke?: a guide for friends, family and professionals

Lisa Taylor & Swee Hong Chia

Jessica Kingsley Publishers, 2014 ISBN: 9781849054959
Shelfmark: 362.19681

Fred has had a stroke. Here, he invites readers to learn about what it is like to have a stroke from his perspective, helping them to understand the challenges faced and the ways in which they might have to adapt their lifestyle.

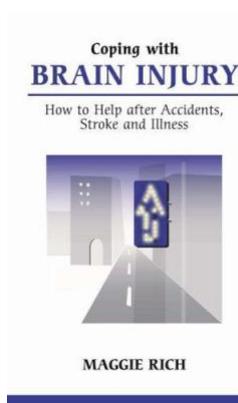


Conquering heart attack and stroke: your 10 step self-defence plan

Sheena Meredith

Reader's Digest, 2010. ISBN: 9780276445477
Shelfmark: 616.12305

Heart attack and stroke are among the leading causes of death, but there's nothing inevitable about these statistics. This book is a motivating and engaging step-by-step plan to help you stay active and healthy.

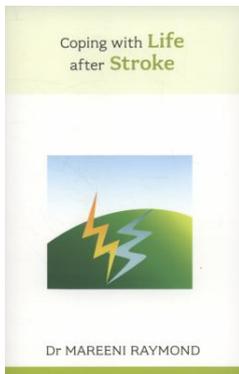


Coping with a brain injury: how to help after accidents, stroke and illness

Maggie Rich

Sheldon, 2005. ISBN: 0859699242
Shelfmark: 616.81 RIC

An estimated 60,000 people in the UK are living with brain injury, and it is often left to relatives or partners to care for them. This text offers practical and sympathetic advice to people who have a family member or close friend who has suffered a neurological injury.



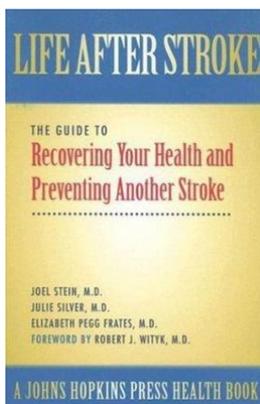
Coping with life after stroke

Mareeni Raymond

SPCL Publishing, 2009. ISBN: 9781847090584

Shelfmark: 616.81

A stroke can have a devastating impact on individuals and their families. This book provides survivors with the support and information they need to get through the first difficult days and weeks in the period after a stroke.



Life after stroke: the guide to recovering your health and preventing another stroke

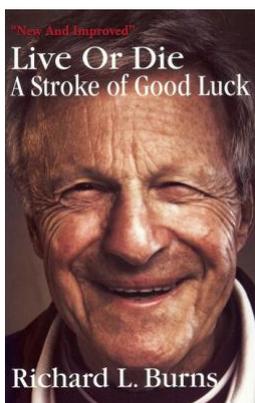
Joel Stein, Julie Silver and Elizabeth Pegg Frates

John Hopkins University Press, 2006.

ISBN: 0801883644

Shelfmark: 616.81 STE

The authors explain how strokes are caused and how different parts of the brain are injured. They also investigate diagnostic tools such as CT scans and MRIs, as well as medications used to prevent and treat stroke. They offer suggestions to help survivors reduce the risk of another stroke.



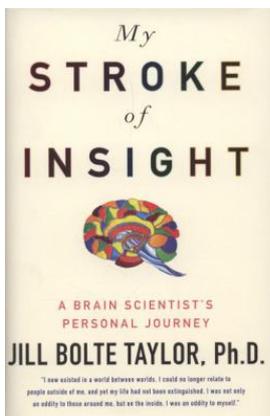
Live or die: a stroke of good luck

Richard L. Burns

D & N Books, 2012. ISBN: 9780615520360

Shelfmark: 616.81

Live or Die summarizes the purpose of the book. It is a story of the alternatives between life and death and specifically refers to the third leading cause of death in this country and around the world - stroke. The book is a story of hope and practical advice on how to handle the problem, survive and recover as a whole person.



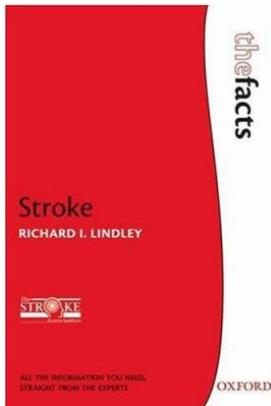
My stroke of insight

Jill Bolte Taylor

Hodder & Stoughton, 2008 ISBN: 9780340980484

Shelfmark: 362.19681

On the morning of the 10th December 1996, Jill Bolte Taylor, a thirty-seven-year-old Harvard-trained brain scientist experienced a massive stroke when a blood vessel exploded in the left side of her brain. A neuroanatomist by profession, she observed her own mind completely deteriorate to the point that she lost the ability to walk, talk, read, write, or recall any of her life, all within the space of four hours.



Stroke

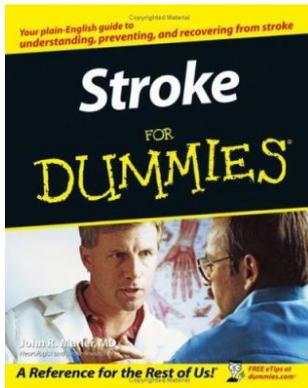
The facts

Richard I. Lindley

Oxford University Press, 2008. ISBN: 9780199212729

Shelfmark: 616.81

Stroke is the third most common cause of death and a major cause of disability in many countries, but most strokes are preventable. This book contains information the reader needs to understand why strokes occur and how to prevent future strokes. For those living with stroke, common problems and solutions are explored.



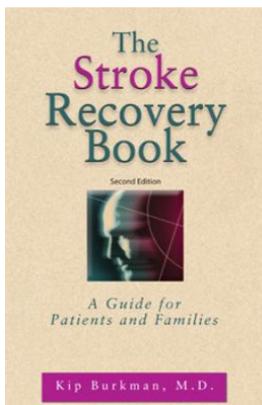
Stroke for dummies

John R. Marler

Wiley, 2005. ISBN: 0764572016

Shelfmark: 616.81 MAR

John R. Marler provides readers with everything they need to know about strokes, from possible early warning signs of stroke to the long-term rehabilitation of stroke victims.



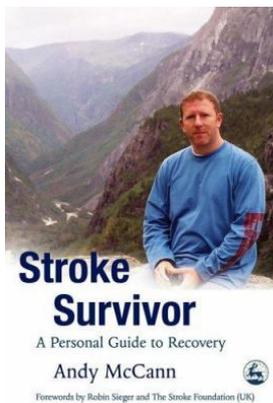
Stroke recovery book: a guide for patients and families

Kip Burkman

Addicus Books, 2013. ISBN 9781886039988

Shelfmark: 616.8106

More than half a million Americans suffer strokes annually. Many thousands will require rehabilitation. During such a crises, friends and families must navigate a maze of confusion and upset. In clear and simple language, Dr. Burkman helps readers understand the various kinds of strokes and how they can affect body functioning. For those patients disabled by stroke, Dr. Burkman lays out detailed information about rehabilitation. It is an excellent book for those with pressing questions about stroke and stroke recovery.



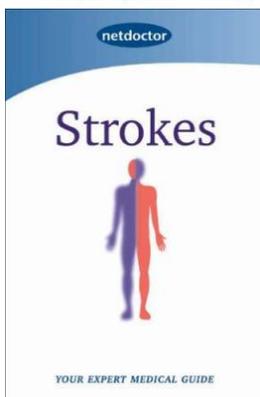
Stroke survivor: a personal guide to recovery

Andy McCann

Jessica Kingsley Publishers, 2006. ISBN: 1843104105

Shelfmark: 616.81 MCC

Offering a wealth of advice and information for anyone who wants to know more about strokes, Andy McCann explores a broad range of issues experienced by himself and other stroke survivors.



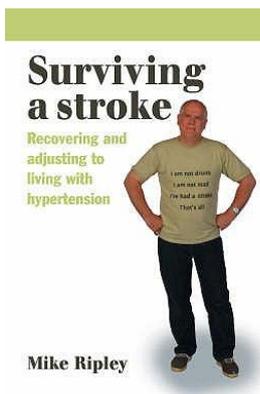
Strokes

Netdoctor

Hodder & Stroughton, 2006. ISBN: 9780340862735

Shelfmark: 616.81 STR

Providing authoritative coverage of a range of common medical problems, this work is supportive and positive, accessible to the lay person, and presents up-to-the-minute evidence based information and advice to inform patients and give them back some of the control.



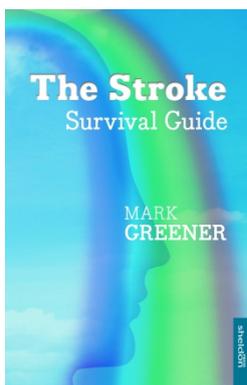
Surviving a stroke: recovering and adjusting to living with hypertension

Mike Ripley

White Ladder, 2006. ISBN: 095482198X

Shelfmark: 616.81 RIP

In January 2003, at the age of 50, Mike Ripley had a stroke. This is his story of the stroke itself and the next year in the recovery process, together with many practical tips and advice for anyone else recovering from a stroke.



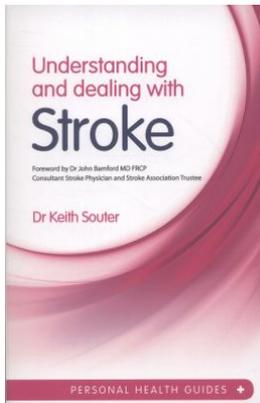
The stroke survival guide

Mark Greener

Sheldon Press, 2015 ISBN: 9781847093097

Shelfmark: 362.19681

Stroke is one of the UK's five main killers (the others are heart disease, cancer, lung and liver disease). This book aims to help people prevent another stroke (or another cardiovascular event) and to live a full life after a stroke.



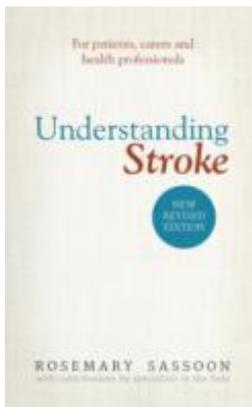
Understanding and dealing with stroke

Keith Souter

Summersdale , 2013. ISBN: 9781849533904

Shelfmark: 362.19681

This title provides the basic information needed to understand what a stroke is and how to spot the risk factors that may contribute to a stroke. It includes details on what happens in a stroke, the different types of stroke, stroke recovery and rehabilitation, and medication aids and equipment for independent living.



Understanding stroke: for patients, carers and health professionals, rev. ed.

Rosemary Sassoon

Book Guild Ltd. 2013. ISBN: 9781846248436

Shelfmark: 616.81

Looking at strokes from different perspectives, this provides the patient with the information and motivation so vital for successful physical and psychological rehabilitation.